



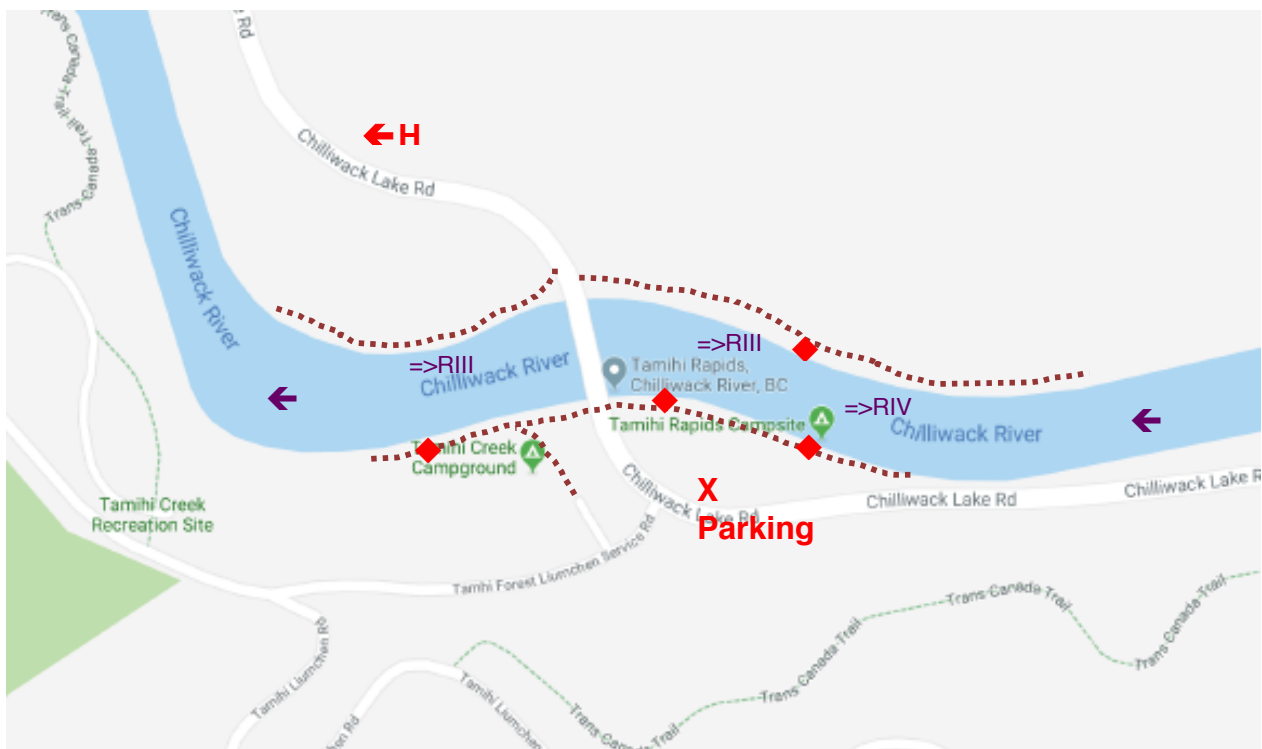
# CanoeKayak Canada – CCE Paddling Club

## Emergency Action Plan

Jan 2019

### Tamihi Rapids

Location: Tamihi Bridge on Chilliwack Lake Road, Chilliwack



**RIVER ACCESS POINTS :**

- ◆ PUT-IN & TAKE-OUT
- ] [ BRIDGE
- ] D DAM
- PAVED ROAD (INCLUDE NUMBER)
- DIRT ROAD
- ... TRAIL
- + RAILWAY TRACKS

**SPECIAL HAZARDS**

- [w WATERFALL (INCLUDE HEIGHT)
- ...P PORTAGE (INCLUDE DISTANCE)
- ∠/// DIFFICULT RESCUE AREA(S)
- OTHERS (I.E. GLASS ON TRAIL)

**RIVER CLASSIFICATION**

- =>R RAPID (INCLUDE DIFFICULTY RI TO RVI)

- >S SIL (INCLUDE DIFFICULTY I TO V)
- > DIRECTION OF WATER FLOW

**OTHER IMPORTANT DETAILS**

- >H DIRECTION TO HOSPITAL
- >PHPAY PHONE
- ♥ EVACUATION OPTIONS (INCLUDE A BRIEF DESCRIPTION OF CONDITIONS WHEN NOT ALREADY SPECIFIED)
- ...

## IN CASE OF EMERGENCY

- 1) Ensure self-safe
  
- 2) Ensure no others in danger
  
- 3) All paddlers stop and meet – **rescue kit located in coach vehicle**
  - a. Extract victim
  
- 4) Stabilize victim (Use SOAP notes) – **first aid kit located in coach vehicle**
  - a. Level of consciousness
  - b. Breathing
  - c. Circulation
  - d. C-spine
  - e. Disability (neurological)
  - f. Extremity trauma and exposure
  
- 5) Emergency contacts – **911** or other:
  - a. **Chilliwack General Hospital** (see map on next sheet)  
45600 Menholm Road  
Chilliwack, B.C.  
V2P 1P7  
Phone: 604-795-4141
  - b. **CCE PC Head Coach**: Brendan Curson, phone: 306-250-7278
  - c. **CCE PC President**: Marko Kryworuchko, phone: 778-919-3013

*(if cell-phone service is poor, drive towards Chilliwack, service improves within a kilometer, or use phones at:*

*Chilliwack River Rafting, (1.0 km from Tamihi Rapids)  
49704 Chilliwack Lake Rd, phone: 604-793-7499  
Tractor Grease Café, (3.2 km from Tamihi Rapids)  
48710 Chilliwack Lake Rd, phone: 604-858-3814*

- 6) Evacuation – preparation of:
  - a. 1 – paddler in need of care
  - b. 2 – required gear
  
- 7) Group maintenance

Directions to Chilliwack General Hospital Emergency Room:

