



High Performance Program Fee structure October 2017 - September 2018^{1,2,4,7}

	Cost / session	Cost/month	Min. annual cost	Add sessions⁵
Full-time (16-24+ sessions/ month)	~\$7-10	\$167 x 12	\$2004	N/A
Part-time annual (8 sessions/ month)⁶	\$13.75	\$110 x 12	\$1320	\$15.63
Part-time seasonal (48 sessions)³	\$13.75	\$220 x 3	\$660	\$15.63
Part-time monthly (8 sessions)	\$15.63	\$125 x1	\$125	\$15.63
Full-time monthly (16-24+ sessions)	~\$10-15	\$250 x1	\$250	N/A
Drop-in	\$20.00	N/A	N/A	N/A

NOTES:

1. One training session is usually 1 to 1.5 hours long. Usually, there are 2 training sessions per day.
2. Unused monthly sessions can be used at any time during the calendar month but cannot be carried forwards from month to month.
3. For Part-time seasonal option, the payments are made over the first 3 months, but the 48 sessions can be taken at any time over a 6 month stretch Oct-March or Apr-Sept. e.g. 4 sessions a week for 12 weeks or a mix and match of 2-4 sessions a week over a longer period.
4. Fees are due on the 1st day of each month.
5. Additional sessions exceeding commitment level will cost \$15.63 each, and will be billed to the athlete periodically.
6. For the Part-time annual category, cost including additional sessions will not exceed \$225 / month.
7. Athletes may need to withdraw from the program for a period of time due to injury or other reasons. They may do so by providing one month's notice to the CCE. Thereafter, in order to maintain their current fee rate, they agree to pay 50% of their monthly fee until such time as they can return to training. Upon return to training they re-start paying full fees at their original rate for the remainder of the year. Alternatively, they may choose not to pay 50% of their monthly fee. In that event, they would pay fees at the month-to-month or drop-in rate once they return to training.